

**AGE GRADE RUGBY  
COMPETITIVE MENU 2025/26**

**Role of Competition and Representative Rugby Organisers**

The structure of the Menu is governed by RFU regulations. Organisers will operate their competitions and activities within the parameters of Regulation 15 - Age Grade Rugby.  
Only the competitive formats on the menu for an age group are allowed.

**Competitive Menu By Age Group**

The competitive opportunity available on the Menu progresses by age group. Progression is aligned to the developing competitive motivations of Age Grade Rugby players. Formats can be selected from the Menu. This **does not** mean that all formats **have to** be run.

Competition Format	Under 7 to 11	Under 12 Male	Under 13 Male	Under 14 Male	Under 15 Male	Under 16 Male	Under 17 Male	Under 18 Male	Under 12 Female	Under 14 Female	Under 16 Female	Under 18 Female
Friendly Fixture	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triangular	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Festival	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Waterfall Competition		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Knock Out Competition				✓	✓	✓	✓	✓		✓	✓	✓
League					✓	✓	✓	✓			✓	✓
Competition Format	Under 7 to 11	Under 12 Male	Under 13 Male	Under 14 Male	Under 15 Male	Under 16 Male	Under 17 Male	Under 18 Male	Under 12 Female	Under 14 Female	Under 16 Female	Under 18 Female

**Competitive Format Descriptors**

<b>Friendly Fixture</b>	Competitive style playing opportunity for two teams, often as part of a club or school/college block fixture, where focus is on maximising all your player's involvement, development and enjoyment.
<b>Triangular</b>	Competitive style playing opportunity for three teams where equal player participation is the emphasis. Focus is on maximising all your player's involvement, development and enjoyment rather than the score.
<b>Festival</b>	Competitive round-robin playing opportunity where equal team and player participation is the emphasis. Winning doesn't affect your ongoing participation as every team plays the same appropriate number of matches.
<b>Waterfall Competition</b>	Competitive playing programme where equal participation/progression is the emphasis. The outcome of your pool (not a league) games are recorded (but not published) to enable every team to advance to later rounds for an equal number of matches organised against similar level teams.
<b>Knock Out Competition</b>	Competitive playing programme where the outcome of the game is recorded and dictates your progression to later knock-out rounds or decides your final standing. Usually includes a winners trophy.
<b>League</b>	Competitive playing programme where the outcome of the game is recorded and points are applied to dictate your position and final standing in the published league table. Usually includes a winners trophy. May lead to a play off system to establish final champions.

**AGE GRADE RUGBY**  
**PLAYER PATHWAY/REPRESENTATIVE RUGBY MENU & DEVELOPMENT 2025/26**

Pathway/Representative Rugby Menu

This includes all of the selection systems that identify Age Grade players to perform outside their core club, school or college participation; no other programmes are permitted. The Menu considers the implications of representative pathways and activity, not only on the players in the pathway but also (and just as essentially) on those back in the core club, school or college programme. This Menu applies to all activity, not only to matches and is built on the principles which identify that selection should not take place until players reach maturation. Selective rugby activity beyond core club, school or college programmes is balanced by the Menu and the Calendar and activity will be played in nationally defined consistent weeks in the Playing Calendar

Representative Format	Under 7 to 11	Under 12 Male	Under 13 Male	Under 14 Male	Under 15 Male	Under 16 Male	Under 17 Male	Under 18 Male	Under 12 Female	Under 14 Female	Under 16 Female	Under 18 Female
Player Development Activity											✓	✓
County/CB							✓	✓				✓
Regional Academy					✓	✓	✓	✓				
Divisional								✓				
England/National							✓	✓				✓
Representative Format	Under 7 to 11	Under 12 Male	Under 13 Male	Under 14 Male	Under 15 Male	Under 16 Male	Under 17 Male	Under 18 Male	Under 12 Female	Under 14 Female	Under 16 Female	Under 18 Female

CB and Divisional Programmes

Representative Rugby provides an opportunity for players, coaches, match officials, managers, and medics to experience alternative rugby outside their core programmes. It can provide a part of the 'total rugby offer' providing opportunities to enrich, reward and recognise talented and committed people within the community game. Representative rugby will begin for U17 players in both the male and female game. (Girls dual age band at U18). Remember no Sunday activity may take place outside of the given dates for each programme.

The Age Grade Calendar will continue to hold the following principles for all programmes:

- Where appropriate place programmes at the same time to lessen weeks where there is disruption in club/school game.
- Avoid weeks in which there is national club competition where possible.
- Reduce rugby commitments in the months before A-level and GCSE periods.

Player Pathway Programmes

The key principles that support Player Pathway programmes and decisions are as follows:

- Pathway programmes will begin for both male and female players at the age of U15. (Girls dual age band at U16)
- The Player Pathway is in place to provide a coherent, challenging, and nurturing journey for the individual regardless of their eventual playing context.
- Long-term; We have the end in mind. Decisions based on long-term and appropriate development goals rather than early success.
- Programmes will be broad, and final selection will be delayed until late adolescence when players have developed the necessary physical, cognitive, social, and emotional skills.
- Maturation is highly variable, and players go on to change positions, therefore we must ensure a breadth of exposure.

AGE GRADE RUGBY PLAYING CALENDAR 2025/26

Month	W/C	Sunday	Under 15 Male						Under 16 Male		Month	W/C	Sunday	
			Under 12 Male <i>Insert Local U12 Competition here</i>	Under 13 Male <i>Insert Local U13 Competition here</i>	Under 14 Male <i>Insert Local U14 Competition here</i>	Under 15 Male <i>Insert Local U15 Competition here</i>	National Competitions	Player Pathway Programmes	Insert Local U16 Competition here	Player Pathway Programmes				
July	28	3						Pathway Activity		Pathway Activity	July	28	3	
August	4	10									August	4	10	
August	11	17									August	11	17	
August	18	24									August	18	24	
August	25	31									August	25	31	
September	1	7	NO GAMES	NO GAMES	NO GAMES						September	1	7	
September	8	14	NO GAMES	NO GAMES	NO GAMES						September	8	14	
September	15	21	NO GAMES								September	15	21	
September	22	28					Nat Schools Comp R1				September	22	28	
September	29	5				GAME 1			GAME 1		September	29	5	
October	6	12			P Round		Nat Schools Comp R2				October	6	12	
October	13	19									October	13	19	
October	20	26				Spare			Spare		October	20	26	
October	27	2						Intra Playing Opp		Intra/Inter Playing Opp	October	27	2	
November	3	9 Rememb									November	3	9 Rememb	
November	10	16			1st Round		Nat Schools Comp R3		GAME 2		November	10	16	
November	17	23				GAME 3			GAME 3		November	17	23	
November	24	30			P Round Plate		Nat Schools Comp R4				November	24	30	
December	1	7				GAME 4			GAME 4		December	1	7	
December	8	14				Spare			Spare		December	8	14	
December	15	21	NO GAMES	NO GAMES	NO GAMES			Intra Playing Opp		Intra/Inter Playing Opp	December	15	21	
December	22	28	NO GAMES	NO GAMES	NO GAMES	NO GAMES	NO GAMES	NO GAMES			December	22	28	
December	29	4	NO GAMES	NO GAMES	NO GAMES						December	29	4	
January	5	11				Spare			Spare		January	5	11	
January	12	18			1st Round Plate	Spare	Nat Schools Comp R5		Spare		January	12	18	
January	19	25						Intra Playing Opp		Intra/Inter Playing Opp	January	19	25	
January	26	1				Game 5			Game 5		January	26	1	
February	2	8					Nat Schools Comp R6				February	2	8	
February	9	15									February	9	15	
February	16	22			1/4 Finals	1/4 Finals			1/4 Finals		February	16	22	
February	23	1		Schools 7s week	Schools 7s week	Schools 7s week			Schools 7s week		February	23	1	
March	2	8		Schools 7s week	Schools 7s week	Schools 7s week	Nat Schools Comp SF		Schools 7s week		March	2	8	
March	9	15 Mothers		Schools 7s week	Schools 7s week	Schools 7s week			Schools 7s week		March	9	15 Mothers	
March	16	22			Semi-FINAL		Nat Schs Comp Finals		Semi-FINAL		March	16	22	
March	23	29			National Schools 7s	National Schools 7s	Semi-FINAL		Intra Playing Opp	National Schools 7s	Intra/Inter Playing Opp	March	23	29
March	30	5 Easter	NO GAMES	NO GAMES	NO GAMES	NO GAMES	NO GAMES	NO GAMES	NO GAMES	NO GAMES	March	30	5 Easter	
April	6	12								Academy Festival	April	6	12	
April	13	19		DEVON FESTIVAL	FINAL	FINAL			FINAL	Inter Academy Playing Opp	April	13	19	
April	20	26	DEVON FESTIVAL		DEVON FESTIVAL					Inter Academy Playing Opp	April	20	26	
April	27	3				DEVON FESTIVAL				Inter Academy Playing Opp	April	27	3	
May	4	10						Intra Playing Opp			May	4	10	
May	11	17									May	11	17	
May	18	24									May	18	24	
May	25	31									May	25	31	
June	1	7									June	1	7	
June	8	14									June	8	14	
June	15	21			T1 Rugby Series Finals						June	15	21	
June	22	28									June	22	28	
June	29	5									June	29	5	
July	6	12									July	6	12	
July	13	19									July	13	19	
July	20	26									July	20	26	
July	27	3									July	27	3	

CLUB, SCHOOL & COLLEGE ARRANGED FIXTURES CAN BE PLAYED THROUGH ENTIRE SEASON

CLUB, SCHOOL & COLLEGE ARRANGED FIXTURES CAN BE PLAYED THROUGH ENTIRE SEASON

- Half Terms and Holidays
- National or Nationwide Clubs Competition
- National or Nationwide Schools/Colleges Competition
- Schools Sevens
- ACE Male & Female League Competitions
- CB Selection & Pathway Match Activity
- Player Pathway and PDG Activity
- Regional, Divisional, National Pathway Activity
- Academy & PDG Match Activity
- International Representative

AGE GRADE RUGBY PLAYING CALENDAR 2025/26

Month	W/C	Sunday	Under 17 Male				Under 18 Male							Month	W/C	Sunday	
			Insert Local U17 Competition here	Competitions	Insert Rep Activity here	National & Academy Programme	Insert Local U18 Competition here	Competitions	Rep Counties	Academy	Rep Professional						
July	28	3			CB U17 Development	Academy Festival									July	28	3
August	4	10													August	4	10
August	11	17				Inter Academy Activity						Academy Rnd 1	England SA Tour (2 wks TBC)	August	11	17	
August	18	24				Inter Academy Activity						Academy Rnd 2		August	18	24	
August	25	31												August	25	31	
September	1	7		Game 1				Game 1						September	1	7	
September	8	14							Nat Schools Comp R1			ACE Boys R1 (Stage 1)		September	8	14	
September	15	21		Game 2				Game 2	Nat Colleges Comp R1			ACE Boys R2 (Stage 1)		September	15	21	
September	22	28		Game 3				Game 3	Nat Schools Comp R2/1			ACE Boys R3 (Stage 1)	England Development Camp	September	22	28	
September	29	5							Nat Colleges Comp R2	Nat Clubs Comp R1		ACE Boys R4 (Stage 1)		September	29	5	
October	6	12		Game 4				Game 4	Nat Schools Comp R3/2	Nat Colleges Comp R3		ACE Boys R5 (Stage 1)		October	6	12	
October	13	19							Nat Colleges Comp R4	Nat Clubs Comp R2		RESERVE		October	13	19	
October	20	26				Inter Academy Activity			Nat Colleges Comp R5			CB Assessment	Academy Rnd 3	October	20	26	
October	27	2		Game 5				Game 5				CB Squad Development	England Development Camp	October	27	2	
November	3	9 Rememb							Nat Schools Comp R4/3	Nat Colleges Comp R6		ACE Boys R6 (Stage 2)		November	3	9 Rememb	
November	10	16		Game 6				Game 6	Nat Colleges Comp R7	Nat Clubs Comp R3		ACE Boys R7 (Stage 2)		November	10	16	
November	17	23							Nat Schools Comp R5/4	Nat Colleges Comp R8		ACE Boys R8 (Stage 2)	CB Training + Match	November	17	23	
November	24	30		Game 7				Game 7	Nat Colleges Comp R9			ACE Boys R9 (Stage 2)		November	24	30	
December	1	7							Nat Schools Comp R6/5	Nat Colleges Comp R10		ACE Boys R10 (Stage 2)	CB Training + Match	December	1	7	
December	8	14		Game 8				Game 8				RESERVE		December	8	14	
December	15	21											CB Training + Match	December	15	21	
December	22	28												December	22	28	
December	29	4				Inter Academy Activity							Academy Rnd 4	December	29	4	
January	5	11		Game 9		Inter Academy Activity		Game 9					Academy Rnd 5	January	5	11	
January	12	18				Inter Academy Activity				Nat Clubs Comp R4			Academy Rnd 6	January	12	18	
January	19	25		Game 10				Game 10	Nat Colleges Comp R11				Rest Week	January	19	25	
January	26	1				Inter Academy Activity			Nat Colleges Comp R12				Academy Rnd 7	January	26	1	
February	2	8		PROVISIONAL - 1/4 FINAL		Inter Academy Activity		PROVISIONAL - 1/4 FINAL	Nat Colleges Comp R13	Nat Clubs Comp R5			Academy Rnd 8	February	2	8	
February	9	15				Inter Academy Activity			Nat Colleges Comp R14				Academy Rnd 9	February	9	15	
February	16	22		PROVISIONAL - SEMI-FINAL				PROVISIONAL - SEMI-FINAL					Academy Finals	February	16	22	
February	23	1			Schools 7s week				AOC Sport Play Off Semi				England Camp	February	23	1	
March	2	8			Schools 7s week				Nat Schools Comp SF					March	2	8	
March	9	15 Mothers			Schools 7s week					AOC Sport Play Off Final				March	9	15 Mothers	
March	16	22		PROVISIONAL - FINAL			England Development	PROVISIONAL - FINAL	Nat Schools Comp Finals	National Colleges 7s				March	16	22	
March	23	29			National Schools 7s						Nat Clubs Comp SF			March	23	29	
March	30	5 Easter												March	30	5 Easter	
April	6	12				Inter Academy Activity								April	6	12	
April	13	19				Inter Academy Activity								April	13	19	
April	20	26				Inter Academy Activity								April	20	26	
April	27	3			CB Squad Development						Nat Clubs Comp Final			April	27	3	
May	4	10			CB Training + Match	England Development								May	4	10	
May	11	17			T1 Rugby Series Finals	CB Training + Match		T1 Rugby Series Finals						May	11	17	
May	18	24				CB Training + Match								May	18	24	
May	25	31												May	25	31	
June	1	7												June	1	7	
June	8	14												June	8	14	
June	15	21												June	15	21	
June	22	28												June	22	28	
June	29	5												June	29	5	
July	6	12												July	6	12	
July	13	19												July	13	19	
July	20	26					England Camp							July	20	26	
July	27	3												July	27	3	

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- National or Nationwide Clubs Competition
- National or Nationwide Schools/Colleges Competition
- Schools Sevens
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- CB Selection & Pathway Match Activity
- Player Pathway and PDG Activity
- Regional, Divisional, National Pathway Activity
- Academy & PDG Match Activity
- England Representative

AGE GRADE RUGBY PLAYING CALENDAR 2025/26

Month	W/C	Sunday	Under 12 Female		Under 14 Female		Under 16 Female		Under 18 Female				Month	W/C	Sunday		
			Insert Local U12 Competition here	Insert Local U14 Competition here	Insert Local U16 Competition here	National Competitions	Player Pathway Programme	Insert Local U18 Competition here	National Competitions	CB Rep Rugby	Player Pathway Programme	Rep England Emerging & Talent Pathway Group					
July	28	3		U14 & 15 Assessment				U14 & 15 Assessment					Pathway Activity		July	28	3
August	4	10											Regional Festivals		August	4	10
August	11	17													August	11	17
August	18	24													August	18	24
August	25	31													August	25	31
September	1	7													September	1	7
September	8	14								ACE Girls R1					September	8	14
September	15	21	Nationwide Love Rugby Festivals	Nationwide Love Rugby Festivals	Nationwide Love Rugby Festivals			PDG ASSESSMENT							September	15	21
September	22	28	1 REG	1 REG	L1 + PO1				1	ACE Girls R2					September	22	28
September	29	5				Nat Clubs Comp		T1		ACE Girls R3	Nat Clubs Comp				September	29	5
October	6	12	2 REG	2 REG	L2 + PO2				2						October	6	12
October	13	19		DC1	L3 + DC1				3	ACE Girls R4				Positional Skills FWDS	October	13	19
October	20	26	3	3		Nat Clubs Comp					Nat Clubs Comp			Positional Skills BACKS	October	20	26
October	27	2	4	4	L4 + PO3							CB Assessment		Regional	October	27	2
November	3	9 Rememb		DC2	DC2				4	ACE Girls R5			Playing Opportunity		November	3	9 Rememb
November	10	16	5 REG	5	L5 + PO4							CB Squad Development			November	10	16
November	17	23	6	6 REG		Nat Clubs Comp			5	ACE Girls R6	Nat Clubs Comp				November	17	23
November	24	30	7 REG	7	L6 + PO5				6			T1	Playing Opportunity		November	24	30
December	1	7		DC3	L7 + DC3							T2 + Match			December	1	7
December	8	14	8						7	ACE Girls R7				EEP 1	December	8	14
December	15	21													December	15	21
December	22	28													December	22	28
December	29	4													December	29	4
January	5	11	9 REG	DC4	L8 + DC4							T3	Playing Opportunity		January	5	11
January	12	18				Nat Clubs Comp						T4 + Match			January	12	18
January	19	25	10	9	L9+ PO6				8					EEP 2	January	19	25
January	26	1		DC5	L10 + DC5					ACE Girls R8			Playing Opportunity		January	26	1
February	2	8	11 REG	10					9		Nat Clubs Comp	T5			February	2	8
February	9	15	12	11 REG	L11 + PO7							T6 + Match		EEP 3	February	9	15
February	16	22			L12 + PO7										February	16	22
February	23	1	13 REG	12	PO8	Nat Clubs Comp			10	ACE Girls R9	Nat Clubs Comp				February	23	1
March	2	8		DC LAST ROUND	LSEMI + DC SEMI				11	National Colleges 7s				EEP 4/England Camp	March	2	8
March	9	15 Mothers	National Schools Showcase							ACE Girls Play Offs					March	9	15 Mothers
March	16	22	14	13 REG		Nat Clubs Comp			12	ACE Girls Final	Nat Clubs Comp				March	16	22
March	23	29	15 REG	DC FINAL	DC & L FINAL	National Schools 7s			LEAGUE FINAL	National Schools 7s				England Camp	March	23	29
March	30	5 Easter													March	30	5 Easter
April	6	12													April	6	12
April	13	19													April	13	19
April	20	26	FESTIVAL	FESTIVAL	FESTIVAL				Devon Cup Festival				Regional Festival	England 6N	April	20	26
April	27	3				Nat Clubs Comp					Nat Clubs Comp		Pathway U16 & U17		April	27	3
May	4	10													May	4	10
May	11	17								T1 Rugby Series Finals				England Review Camp	May	11	17
May	18	24													May	18	24
May	25	31													May	25	31
June	1	7		U14 & 15 Assessment											June	1	7
June	8	14													June	8	14
June	15	21													June	15	21
June	22	28		T1 Rugby Series Finals											June	22	28
June	29	5													June	29	5
July	6	12													July	6	12
July	13	19													July	13	19
July	20	26													July	20	26
July	27	3													July	27	3

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- England Representative